



Erika's Lighthouse



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What is Erika's Lighthouse?

Erika's Lighthouse is an organization that has been helping teens deal with their depression for the past 18 years. They work with schools to provide lessons directly to students in classrooms to help provide them with advice. They even have 2 locations here in Montana that you can visit to learn more about depression.



More facts about Erika's Lighthouse

Erika's Lighthouse has aided over 1.5 million teens since 2004 and around 402,000 students since August 2021.

They are located in 41 different states and have served over 1,500 schools with lessons on depression.

Even though they rely 100% on donations, they have still been going strong for 18 years!



Erika's Lighthouse was formed in 2004 by Tom and Ginny Neuckranz after their daughter Erika, lost her battle with depression at age 14. With the loss of their daughter, the Neuckranz decided it was their responsibility to aid others in their battles with depression

Why is Erika's Lighthouse important?

Here in Montana, we are the number one leader in the nation in suicides, most directly correlated with depression.

A survey was even taken in larger schools and some rural schools last year documenting that, statistically, 41% of students in Montana have depression.



This means that around 72,440 teens in Montana suffer from depression currently. This also means that if you do suffer from depression right now, in Montana, you are farther from alone than anywhere else in the entire country.

Organizations like Erika's Lighthouse are practically made for places like Montana.

So please, if you think someone you know may be suffering, please, don't hesitate to try and help.