

## Key Club Olympics

### Rules:

- When doing relay's you may not go in front of your group leader
- Even if someone has won the competition already, DO NOT stop points will still be awarded
- The two teams with the highest amount of points will be the two who move on to the championship
- Your group leader isn't allowed to participate in the activities
- HAVE FUN!

### Point System

- 1<sup>st</sup> Place~ 9 pts
- 2<sup>nd</sup> Place~ 8 pts
- 3<sup>rd</sup> Place~ 7 pts
- 4<sup>th</sup> Place~ 6 pts
- 5<sup>th</sup> Place~ 5 pts
- 6<sup>th</sup> Place~ 4 pts
- 7<sup>th</sup> Place~ 3 pts
- 8<sup>th</sup> Place~ 2 pts
- 9<sup>th</sup> Place~ 1 pts

### Outline

1. Layers of Clothes Race
  - All members of the group are to participate
2. Human Ice Cream Sundaes
  - All members of the group are to participate
3. Duct Tape Twister
  - All members of the group are to participate
4. Hoola Hoop Contest
  - One person to represent your group
5. Spoon and Egg Relay
  - All members of the group are to participate

6. Juggling Contest
  - One person to represent your group
7. Giant Jig Saw Puzzle
  - All members to represent your group
8. Putting makeup on someone blindfolded
  - Two people to represent your group
9. Jellybeans in a bowl Race
  - All members are to participate
10. Human Knot
  - All members are to participate

## Championship for Olympics (Tic-Tac-Toe Challenge)

Description: The two teams with the highest amounts of point at the end of the Key Club Olympics will be participating in the Key Club Olympics Championship. This is going to be made up of three games and whoever has the most games won at the end will be named the champion. The three games will be held of the best out of three, and the first person to win two will be the winner of that game. If one team wins one game and they win the next one as well we won't have a third game because they already have won.

### First Game:

#### 1. Random Relay

- Crab Walk
- Wheel Barell (2 People)
- Bear Crawl
- Leap Frog (2 People)
- Backward Skip
- Sprinting
- Backward Sprint
- Shuffle
- Ext.

#### 2. Potato Sack Race

- We will treat this like a relay and each group member will have to do the potato sack jump

#### 3. Three Legged Race

- Only three people, whoever wins, wins!

### Second Game:

#### 1. Food Relay (have to eat different kinds of food)

- The food has to be completely swolled before they can run back so the next person can go

#### 2. Balloon Race

- Run to the other side of the room and have to pop the balloon on the other side

### 3. Mommy and Baby

- One girl and boy and the girl has to feed the boy the bottle until it is completely gone and then burp him.

### Third Game:

#### 1. Obstacle Course

- Jumping Jacks
- Hop Scotch
- Jump Rope w/ Hoolah Hoop
- Put on Tie/ Put on lipstick

#### 2. Pop Race (1 person)

- First person to completely jug the whole pop wins

#### 3. Shape Race

- Shape Objects that kids use to play with and they have to put all of the shapes back in the right holes.